



The Mattiaccio Times

www.mattiaccioortho.com

Email: info@mattiaccioortho.com

Spring 2009

April 1, 2009



Frequently Asked Questions

Question: Will I have to wear my retainer forever?

Answer: Our philosophy at Mattiaccio Orthodontics is "nighttime for a lifetime". Initially we ask you to wear your retainer 24/7 for the first year after your braces are removed. After that you will need to wear your retainer only at night. If you do not wear your retainer, most likely your teeth will eventually start to move.

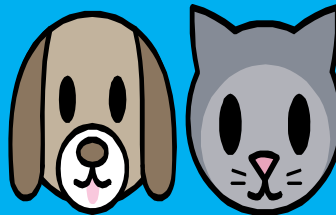
"If its not in your face its in your case"-Dr. M



Mattiaccio Orthodontics To Make Great Strides this Spring

On May 17, 2009, our team will proudly participate in one of the most successful, national fund-raising efforts, **GREAT STRIDES**. **GREAT STRIDES** is the Cystic Fibrosis Foundation's largest event and will be taking place at Sonnenberg Gardens in Canandaigua. Cystic fibrosis (CF) is a devastating genetic disease that affects tens of thousands of children and young adults in the United States. Research and care supported by the Cystic Fibrosis Foundation is making a huge difference in extending the quality of life for those with CF. However, we continue to lose precious lives to CF every day. That's why help is needed now more than ever to ensure that a cure is found sooner - rather than later. To learn how to join us and help the cause, visit our website under the practice events section. Together, we can make a difference in the lives of those with CF! Thank you for supporting the mission of the CF Foundation and **GREAT STRIDES!**

PET PHOTO CONTEST WINNERS...



1 st Place	Rachel Olsen
2 nd Place	Ainslie Evans
3 rd Place	Ariel Toulson

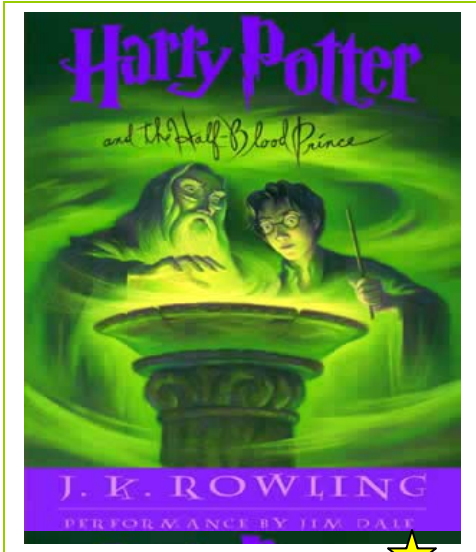
A big thank you to all our entries! Check out our 1st place photo on our website under "Contests"!



Have you heard???

The Mattiaccio Rewards Cards are here! Get yours today!

SAVE THE DATE!



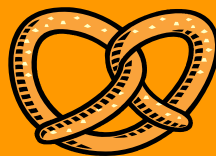
Last winter we asked you to vote on this summer's Mattiaccio Family Fun Day...and it was unanimous! Most of you liked the idea of going to a drive-in...and we couldn't think of a more anticipated movie to see this summer than Harry Potter and the Half Blood Prince! We are hoping to be there on opening night, Friday, July 17, 2009, but because we may have such a large group, we may opt for Saturday, July 18, 2009. We are currently in the process of extensively working out the details and will give out more information ASAP! We hope you will join us and it will be a great night among family, friends and of course, a star lit sky!

Braces-Friendly Recipe! Twisty Soft Pretzels

Ingredients:

¾ cup warm water
½ envelope yeast
1 teaspoon sugar
2 cups all-purpose flour
½ teaspoon salt
1 egg, beaten
Pinches of salt or cinnamon-sugar

Directions: Preheat oven to 425°. In a small bowl, stir together warm water, yeast and sugar. In a large mixing bowl, mix salt and flour with a large spoon. After 5 minutes, stir yeast mix into flour mix. With well-floured hands, shape dough into 6-inch rods, initials, animals or traditional twisted pretzel shapes. Brush them with the beaten egg and place on a greased cookie sheet. If desired, sprinkle them with extra salt or cinnamon-sugar. Bake for 12 minutes at 425°.



Bring in a pretzel for Dr. M and get 3 rewards card points!

We're Having a Baby...



Be sure to enter your guesses on the arrival of Amy's baby, who we hope to meet very soon! Good Luck!

Has your address, phone number, dentist or e-mail changed? To best insure communication, please keep us posted if any of this information needs updating.

Thank you! ☺